

| クラス | K少:幼稚園年少 K中:幼稚園年中 K長:幼稚園年長 J1:小学1年生 J2:小学2年生 E3:小学3年生 E4:小学4年生 T5:小学5年生 T6B:T6R:小学6年生 G:小学1~6年生女子 JY:中学生 一般:高校生・一般男女 | | | | | | | | |
|------|---|-------|-------|-------|-------|------------|-----------|-------------------|----|
| 実施回数 | 10月 | | 活動 | | 活動内容 | 活動会場 | | | |
| | | | 開始時間 | 終了時間 | | | | | |
| 大会 | 1 | 土 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | 全日 | | | ピアンカップ | 空港公園 | |
| | | | T5 | | | | | | |
| | | | T6B | | | | | | |
| | | | T6A | | | | | | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 1 | 2 | 日 | K少 | | | | | | |
| 1 | | | K中 | 9:00 | 10:00 | 練習 | 熱海多目的 | 屋外 | |
| 1 | | | K長 | | | | | | |
| 1 | | | J1 | 9:00 | 10:30 | | | | |
| 1 | | | J2 | 9:00 | 10:30 | | | | |
| 1 | | | E3 | 11:00 | 12:30 | | | | |
| 大会 | | | E4 | 全日 | | | ピアンカップ | 空港公園 | |
| 1 | | | T5 | 11:00 | 12:30 | | | | |
| 1 | | | T6B | 11:00 | 12:30 | 練習 | 熱海多目的 | 屋外 | |
| 1 | | | T6A | 11:00 | 12:30 | | | | |
| 1 | G | 9:00 | 10:30 | | | | | | |
| 1 | JY | 18:30 | 20:30 | 練習 | 明健中 | 校庭 | | | |
| 1 | 一般 | 18:30 | 20:30 | | | | | | |
| 1 | 3 | 月 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | | | | | | |
| | | | T5 | | | | | | |
| | | | T6B | 18:30 | 20:00 | 特別練習 | 行健二小 | 体育館 | |
| | | | T6A | | | | | | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 1 | 4 | 火 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | 18:30 | 20:00 | 特別練習 | 大島小 | 校庭 | |
| | | | T5 | | | | | | |
| | | | T6B | | | | | | |
| | | | T6A | | | | | | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 1 | 6 | 木 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | | | | | | |
| | | | T5 | | | | | | |
| | | | T6B | | | | | | |
| | | | T6A | 19:00 | 20:30 | 特別練習 | 行健二小 | 体育館 | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 2 | 8 | 土 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | 9:00 | 10:30 | 練習 | 富久山スポーツ広場 | 屋外 | |
| | | | J2 | 9:00 | 10:30 | | | | |
| | | | E3 | 9:00 | 10:30 | | | | |
| | | | E4 | 11:00 | 12:30 | | | | |
| | | | T5 | 11:00 | 12:30 | | | | |
| | | | 2 | T6B | 11:00 | 12:30 | | | |
| | | | 2 | T6A | 11:00 | 12:30 | | | |
| 2 | G | | | | | | | | |
| 2 | JY | | | | | | | | |
| 2 | 一般 | | | | | | | | |
| 3 | 9 | 日 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | 9:00 | 10:30 | 練習 | 明健小 | 校庭 | |
| | | | J2 | 11:00 | 12:30 | | | | |
| | | | E3 | 13:00 | 14:30 | | | | |
| | | | 3 | E4 | | | | | |
| | | | 3 | T5 | | | | | |
| | | | 3 | T6B | | | | | |
| | | | 3 | T6A | 15:00 | 16:30 | 練習 | 明健小 | 校庭 |
| 3 | G | | | | | | | | |
| 2 | JY | 18:30 | 20:30 | 練習 | 明健中 | 校庭 | | | |
| 2 | 一般 | 18:30 | 20:30 | | | | | | |
| 2 | 10 | 月祝 | K少 | | | | | | |
| | | | K中 | 9:00 | 10:00 | 練習 | 行健二小 | 校庭 | |
| | | | K長 | | | | | | |
| | | | J1 | 9:00 | 10:30 | | | | |
| | | | J2 | 10:30 | 12:00 | | | | |
| | | | E3 | 10:30 | 12:00 | | | | |
| | | | 4 | E4 | | | | | |
| | | | 4 | T5 | | | | | |
| | | | 4 | T6B | | | | | |
| | | | 4 | T6A | | | | | |
| 4 | G | | | | | | | | |
| 4 | JY | | | | | | | | |
| 4 | 一般 | | | | | | | | |
| 2 | 11 | 火 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | 18:30 | 20:00 | 特別練習 | 大島小 | 校庭 | |
| | | | T5 | | | | | | |
| | | | T6B | | | | | | |
| | | | T6A | | | | | | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 2 | 13 | 木 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | | | | | | |
| | | | T5 | | | | | | |
| | | | T6B | 19:00 | 20:30 | 特別練習 | 行健二小 | 体育館 | |
| | | | T6A | | | | | | |
| G | | | | | | | | | |
| JY | | | | | | | | | |
| 一般 | | | | | | | | | |
| 3 | 15 | 土 | K少 | | | | | | |
| | | | K中 | | | | | | |
| | | | K長 | | | | | | |
| | | | J1 | | | | | | |
| | | | J2 | | | | | | |
| | | | E3 | | | | | | |
| | | | E4 | 8:30 | 16:00 | アーレフェスティバル | 空港公園 | 緑のスポーツエリア 天然芝B | |
| | | | 3 | T5 | | | | | |
| | | | 4 | T6B | | | | | |
| | | | 4 | T6A | | | | | |
| 2 | G | | | | | | | | |
| 3 | JY | | | | | | | | |
| 3 | 一般 | | | | | | | | |

| 実施回数 | 10月 | | クラス 記号 | 活動 | | 活動内容 | 活動会場 | |
|------|-----|-------|-----------|-------|-------|---------------|-----------|-----|
| | | | | 開始時間 | 終了時間 | | | |
| 4 | 16 | 日 | K少 | 9:00 | 10:00 | 練習 | 明健小 | 校庭 |
| 4 | | | K中 | | | | | |
| 4 | | | K長 | | | | | |
| 6 | | | J1 | 9:00 | 10:30 | | | |
| 6 | | | J2 | 9:00 | 10:30 | | | |
| 6 | | | E3 | 11:00 | 12:30 | | | |
| 3 | | | E4 | 11:00 | 12:30 | | | |
| 4 | | | T5 | 13:00 | 14:30 | | | |
| 5 | | | T6B | 15:00 | 16:30 | | | |
| 5 | | | T6A | | | | | |
| 4 | JY | 18:30 | 20:30 | 練習 | 明健中 | 校庭 | | |
| 4 | 一般 | 18:30 | 20:30 | | | | | |
| | 17 | 月 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| | | | E4 | | | | | |
| | | | T5 | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| 1 | | | G | 18:30 | 20:00 | 特別練習 | 行健二小 | 体育館 |
| | | | JY | | | | | |
| | | | 一般 | | | | | |
| | 18 | 火 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| 3 | | | E4 | 18:30 | 20:00 | 特別練習 | 大島小 | 校庭 |
| 3 | | | T5 | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| | G | | | | | | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| | 20 | 木 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| | | | E4 | | | | | |
| | | | T5 | | | | | |
| 3 | | | T6B | 19:00 | 20:30 | 特別練習 | 行健二小 | 体育館 |
| 3 | | | T6A | | | | | |
| | G | | | | | | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| | 22 | 土 | K少 | 9:00 | 10:00 | リフティング テスト | 行健二小 | 校庭 |
| 5 | | | K中 | | | | | |
| 5 | | | K長 | | | | | |
| 7 | | | J1 | 9:00 | 10:30 | | | |
| 7 | | | J2 | | | | | |
| 7 | | | E3 | 11:00 | 12:30 | | | |
| 4 | | | E4 | 9:00 | 12:30 | | | |
| 5 | | | T5 | 9:00 | 12:30 | | | |
| 6 | | | T6B | 9:00 | 12:30 | | | |
| 6 | | | T6A | 9:00 | 12:30 | | | |
| 3 | G | 9:00 | 10:30 | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | 23 | 日 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| 5 | | | E4 | 9:00 | 10:30 | 練習 | 明健小 | 校庭 |
| 6 | | | T5 | | | | | |
| 7 | | | T6B | 11:00 | 12:30 | | | |
| 7 | | | T6A | | | | | |
| | G | | | | | | | |
| 5 | JY | 18:30 | 20:30 | 練習 | 明健中 | 校庭 | | |
| 5 | 一般 | 18:30 | 20:30 | | | | | |
| | | | | | | | | |
| | 24 | 月 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| | | | E4 | | | | | |
| | | | T5 | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| 2 | G | 18:30 | 20:00 | 特別練習 | 行健二小 | 体育館 | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| | 25 | 火 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| 4 | | | E4 | 18:30 | 20:00 | 特別練習 | 大島小 | 校庭 |
| 4 | | | T5 | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| | G | | | | | | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| | 27 | 木 | K少 | | | | | |
| | | | K中 | | | | | |
| | | | K長 | | | | | |
| | | | J1 | | | | | |
| | | | J2 | | | | | |
| | | | E3 | | | | | |
| | | | E4 | | | | | |
| | | | T5 | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| | G | | | | | | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| 大会 | 29 | 土 | T5(4年生) | 全日 | | 喜多方大会 | 押切川スポーツ広場 | |
| | | | G(5年生) | | | | | |
| | | | T6B | | | | | |
| | | | T6A | | | | | |
| | | | G | | | | | |
| | JY | | | | | | | |
| | 一般 | | | | | | | |
| 6 | 30 | 日 | K少 | 13:00 | 14:00 | 練習 | 行健二小 | 校庭 |
| 6 | | | K中 | | | | | |
| 6 | | | K長 | | | | | |
| 8 | | | J1 | 13:00 | 14:30 | | | |
| 8 | | | J2 | 15:00 | 16:30 | | | |
| 8 | | | E3 | 15:00 | 16:30 | | | |
| 6 | | | E4 | 9:00 | 10:30 | | | |
| 7 | | | T5 | 9:00 | 10:30 | | | |
| 8 | | | T6B | 11:00 | 12:30 | | | |
| 8 | | | T6A | 11:00 | 12:30 | | | |
| | G | | | | | | | |
| 6 | JY | 18:30 | 20:30 | 練習 | 明健中 | 校庭 | | |
| 6 | 一般 | 18:30 | 20:30 | | | | | |